# FIRST YEAR EXPERIENCE

VOLUME

# ISSUE February 2013 BULLETTIN

We Are Hiring

Mentors...

We are looking for Mentors for the Fall 2013/Winter 2014 school year. If you are interested in joining F.Y.E. in a paid position with us as a Senior Mentor, or just volunteering as a Peer Mentor, visit us at:

http://www.humber.ca/firstyear-experience/applications for more information.

## **Apply For A** Mentor...

If you are currently a first year student who was not assigned a Peer Mentor and would like to take advantage of this wonderful program, visit us at:

http://www.humber.ca/firstyear-experience/apply-mentor to fill out an application and get connected with a Mentor.



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# What is F.Y.E. and Why Should I Get Involved?

By Carolina Longo, Paralegal Studies BAA Program at Lakeshore | Peer Mentor

Humber's First Year Experience (F.Y.E) is a program designed to assist first year students with their transition to Humber College. Currently, this program is exclusive to Humber's Lakeshore Campus and its students. It was officially launched in September 2012 as a way to connect with recent high school graduates and encourage them to get involved once they began their studies at Humber. The program assigns first year students to a Mentor in the same program; a student that will provide academic support, address concerns, and help build lasting friendships.

The F.Y.E. initiative connects Peer Mentors with mentees in the hopes of achieving an effortless and successful adjustment to College life. Peer Mentors are here to answer any questions and help guide the mentees in the right direction. effective way to ensure students are given access to all the services, resources and information that Humber College has to offer.

For those who enjoy helping others and making a difference, joining this program will feel very rewarding.

### Why Me?

Everyone should get involved with Humber's F.Y.E. program. Whether you are a first year student transitioning into the College life, or an upper year student, it is a great way to get connected. The benefits are endless, and the friendships formed along the way are priceless. Along with helping each other valuable locate many on-campus will resources, you be given many opportunities to network with others in your program, as well as other programs, through our many F.Y.E. events.

F.Y.E. is a great way to meet new people, make connections and get involved with Humber life. If you are interested in learning more about this initiative, please have a look at our website:

http://www.humber.ca/first-year-experience/



# The FACES of F.Y.E.

Exciting Future for the Lakeshore Campus Peer Mentoring Program: Record number of students show interest in getting involved with the FYE program.

By Doug Taylor, Paralegal Studies BAA Program at Lakeshore | http://about.me/dougitaylor |
Original Interview: January 21, 2013

Phil Legate the Coordinator of Student Life for the 'First Year Experience' (FYE) recently made time to share some reflections from the last year and his future vision for the student peer mentoring program.

Speaking to recent changes made to the program's intake process Phil noted, "We decided that we were going to change FYE to more of an application or registration based program. So we have made that switch and already crushed our record. We are at about 180 students that are wanting peer mentor engagement, wanting to be a part of FYE."

"The signs are there that FYE is a program that people want to be a part of." Phil Legate went on to say, "The research indicates that this is a program that improves grades, improves student experiences and develops leaders. I am really looking forward to new developments and experiences."

### How would you describe FYE to a new student?

It is a chance to connect with an experienced, senior or upper level student. Someone who has been through the ropes before; been through exams, first week of classes, maybe has some experience finding housing. They are getting the gift of that connection, someone to talk to about things: a way to meet new people and make some new friends or other mentees within the FYE program; and to gain that additional support, whether it's academic, social or structural.

# What has surprised you the most so far about working with FYE?

I have seen a lot of initiative. I get to work closely with the senior peer mentors and the inspiration,



Phil Legate, BSc, BEd is the Coordinator, Student Life in Student Success & Engagement at Humber College, Toronto. 416-675-6622 ext. 3644, A168, phil.legate@humber.ca Phil is an avid runner, successful in the Toronto Scotiabank waterfront and Ottawa ING marathons. The medals in his office proudly display his accomplishments.

the motivation to develop, to come up with ideas, and to follow up on them, and to try new things has been incredible. I have been really fortunate to have such a dedicated and motivated staff team.

# What types of attributes are common to those students who get involved with FYE?

They have a sense of, and a desire to develop, their leadership. I have had the opportunity to work with a lot of student leaders at Humber and they all seem genuinely interested in looking for positions of responsibility. They have interests in being able to manage some form of a team, whether it's a mentor group, a floor community in residence or a workshop. They are looking for those opportunities to be able to stretch their leadership potential and to challenge themselves.

# What would you say to a student who was thinking of getting involved, but maybe a little hesitant?

I would suggest coming in to chat with anyone of us here at FYE in room A168. They could meet with a peer mentor if it is a volunteer position they want to learn about, or with a senior peer mentor if they are interested in a paid position. Check out the website. There is a lot of information for students that are a part of the program.

### **SOCIAL MEDIA**

Facebook-

https://www.face book.com/Humb erFYE?fref=ts

**Twitter**- @HumberFYE

Humberhttp://www.humb er.ca/first-yearexperience/

### **SIGN UP**

Get Connected...

If you are interested with getting connected with a Peer Mentor, please visit

http://www.humber. ca/first-yearexperience/applicati ons

# FIRST YEAR EXPERIENCE

VOLUME

ISSUE March 2013

BULLETIN





# We Are Hiring Mentors...

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# "1 in 3 women on the planet will be raped or beaten in her lifetime One billion women violated is an atrocity One billion women dancing is a revolution"

http://www.onebillionrising.org/pages/about-one-billion-rising

By Nikki Tomasi, Child and Youth Worker Diploma Program at Lakeshore | Senior Mentor

On Thursday February 14th, 2013, the First Year Experience joined with activists around the world for ONE BILLION RISING, the largest day of action in the history of V-Day, the global activist movement to end violence against women and girls.

ONE BILLION RISING began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime. With the world population at 7 billion, this adds up to more than ONE BILLION WOMEN AND GIRLS. February 14, 2013, V-Day's 15<sup>th</sup> anniversary, The First Year Experience Program joined activists, writers, thinkers, celebrities, and women and men across the world, to express their outrage, demand

change, strike, dance, and RISE in defiance of the injustices women suffer.

The 1 Billion Rising event was held in A168 and students were invited to come by throughout the day and participate in working to end violence against women and girls. Those who came out were provided with lots of information about this important cause. If you were unable to make it, but would still like learn more. visit: http://www.onebillionrising.org/pages/about-

one-billion-rising.

LION women and those who love them to WALK OUT DANCE RISE UP and DEMAND an end to this violence. ONE BILLION RISING will move the earth, activating women and men across every country. V-Day wants the world to see our collective strength, our numbers, our solidarity across borders.

1billionrising.org





# The FACES of F.Y.E.

# A Typical FYE Senior Peer Mentor? Not quite! Kristina Lombardi is anything but typical.

Senior Peer Mentor, Kristina Lombardi, reflects on her time with the Lakeshore Peer Mentoring program.

By Doug Taylor, Paralegal Studies BAA Program at Lakeshore | <a href="http://about.me/dougitaylor">http://about.me/dougitaylor</a> | Original Interview: February 15, 2013

As one of the original 'First Year Experience' (FYE) Senior Peer Mentors, Kristina Lombardi recently made time to share some reflections from the past year and talk about her future endeavours for her final year at Humber College.

In the last year, Kristina has been the recipient of two very distinguished awards:

Bachelor of Applied Arts-Criminal Justice-Citizenship Award - Presented to two students in any year of study in the program who demonstrated an outstanding commitment to their studies, the promotion of the program, to classmates, and a strong commitment to the values and ethics of the profession, as recommended by faculty to the Dean.

Student Appreciation Award - This certificate is awarded for contributions to the quality of student life and the Humber community. Nominations are made by fellow students and/or faculty and are then put before an awards panel. The judging panel decides which students are the most deserving of the award.

Kristina's journey to the role of Senior Peer Mentor started in 2010, as a volunteer for Humber Orientation. Among the many active roles in student campus life, Kristina has worked with Event Staff with the North Campus. "One of the most exciting events that I have had the pleasure to be involved with is the opening of the Lakeshore 'L Commons' building in 2011. That was when I had my first introduction to FYE."

Kristina is involved with new FYE initiatives and she assists in event and communications management. As a Senior Peer Mentor, she leads a group of FYE Mentors through bi-weekly meetings and Blackboard groups. Kristina also welcomes visitors at the reception desk in the FYE Room (A168).



Kristina Lombardi is a third year Criminal Justice Degree student and Senior Peer Mentor at FYE. Kristina is a self-described 'go-getter', who enjoys meeting new people and is always looking for new experiences.

Her responsibilities include: in-person, telephone and email inquiries, event set-ups, and updating FYE's Facebook and Twitter social media platforms.

### Why do you support the FYE initiative?

After attending my program orientation, I completed my first year at Humber. I had such a great experience in my first year that I felt I wanted to get involved. I wanted to help and give back to other first year students, so that they could have a similar positive experience.

# What would you say to a student who was thinking of getting involved with FYE?

By getting involved with FYE, you will definitely meet new people. By knowing that you are giving back to the community and helping students, your personal school experience will be better. Many first-year students are not from the city, the province, or even the country so they may not have a strong support network. It means the world to first-year students when you can help them adjust to Humber/College life and feel welcome.

# Is there any advice that you would like to share with other students?

Something I would definitely share with students is not to just volunteer because you need hours. Volunteer because of the benefits to others. It is good to be able to say you are giving back to the community and you are learning from the experience. To be able to say that "I loved Humber and that I gave back", you can leave with no regrets. With one year left, I want to continue to challenge myself and try something new. I started off at Orientation, and I worked my way to the FYE program. Now it is time for me to take on new challenges.

# Tips for Students... Resume & Cover Letter

By Carolina Longo, Paralegal Studies BAA Program at Lakeshore | Peer Mentor

Hiring season for the summer is just around the corner, is your resume ready?

Creating your resume can be a stressful process, but you must take the time needed to ensure it is effective enough to get you the job you deserve!

# A Few Important Things To Note:

- Make sure your cover letter catches the employer's attention. Tell them a bit about yourself, but make them want to learn more by calling you in for an interview.
- Your cover letter should not be longer than 1 page. Your resume will fill in the rest of the details.
- Keep your resume simple, yet professional and avoid getting too creative with the design.
- Be positive and stress your achievements.
- Proofread for spelling, punctuation and grammar.
   Get someone to look it over for you.
- Double check that your contact information is correct.
- Most importantly, your resume must reflect who you are as an individual. Avoid misrepresenting yourself and your skills.
- \*\*\*Attend the FYE Resume Workshop or visit the Career Center in H107 for more useful tips on Resumes & Cover Letters\*\*\*



# APRIL 2013

# We Are Looking for Peer Mentors...

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Kayla Rehling

With the last issue of the 2012/2013 FYE Newsletter upon us, we would like to give Special Thanks to three individuals who helped the Newsletter Committee with the April issue of the FYE EYE.

Kayla Rehling is a student from the Hospitality and Tourism Management Degree Program. She is the winner of our "Name the Newsletter" contest. There were a few entries submitted, but the Newsletter Committee favoured her suggestion to include EYE in the title.

This idea was then taken over by Kael Cruz, who volunteered to design our new logo "FYE EYE." He did an outstanding job with it, and we would also like to thank him for his contribution.

Last, but not least, is Austin Mateka, a student from the Graphic Design program, who made a few suggestions about the design and layout.

Look for the next FYE EYE issue coming out in September 2013.

# **Humber Campus Clean-up**





By Carolina Longo, Paralegal Studies BAA Program at Lakeshore | Peer Mentor

March 26, 2013 was campus clean-up day at Lakeshore campus. There was a great turnout, with 62 students taking time out of their day to help make our campus a more beautiful place.

We would like to thank all those who participated in the event, and congratulate the prize winners of the iPad mini and the Beats by Dre.





# 2012/2013 Yearbook

By Doug Taylor, <a href="http://about.me/dougitaylor">http://about.me/dougitaylor</a> | Paralegal Studies BAA Program, Lakeshore





**Jenita Arevin**Graphic Design
Peer Mentor



Tanya Baptista
Global Business
Management
(Post Graduate)
Senior Peer Mentor



Marcia Caine-Sergeant Child and Youth Worker Program Peer Mentor



Claudia Carino
Theatre
Performance
Program
Peer Mentor



Haixia Chen
Business
ManagementFinancial Services
Peer Mentor



Karen Fair
BAA in Paralegal
Studies
Peer Mentor



Makram Ferawana B.Comm in Human Resource Management Peer Mentor



Jordan Fisher
Film and Media
Production
Peer Mentor



Shagun Gupta
Resource
Management
Volunteer Writer



**Kyle Hammond**B.Comm in e-business Degree *Peer Mentor* 



Andrea Jackson
Community and
Social Work
Peer Mentor



Natasha Kinne Social Worker Program Peer Mentor



Phil Legate, BSc, BEd
Coordinator, Student Life
in Student Success &
Engagement at Humber



Vera Lisnan
Global Business
Management
Senior Peer Mentor



Kristina Lombardi
BAA in Criminal
Justice
Senior Peer Mentor



# 2012/2013 Yearbook



By Doug Taylor, <a href="http://about.me/dougitaylor">http://about.me/dougitaylor</a> | Paralegal Studies BAA Program, Lakeshore



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BAA in Paralegal
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Peer Mentor &
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Shivanie Mangal
BA Commerce—
International
Business
Senior Peer Mentor



**Beth McClelland** *Senior Peer Mentor* 



Tamia Muller
Bachelor of
Creative
Advertising
Peer Mentor



Huong Nguyen
Advanced Public
Relations Diploma
(PRD)
Senior Peer Mentor



Alesia Simpson
Community and
Social Services
Senior Peer Mentor



Kimberley Smith
B.Comm in Fashion
Management
Peer Mentor



Doug Taylor

BAA in Paralegal

Studies

Mentee & Writer



Nikki Tomasi
Child and Youth
Worker Program
Senior Peer Mentor



Paul Wujtow
Advanced Public
Relations Diploma
Senior Peer Mentor

### ADDITIONAL PEER MENTORS

Borhan Ahmed Sheik Ali Ilona Marzec Emily Rockarts Malenny Dini Santana Gabby Elliot Jenn Ferris Ravisankar Sribalan Blain Tattersall

Samnang Kim Kyle Andrews Kayla Bajnauth Brigitte Carletti Devanshi Shah Haley Fisher Ashley James Emma Kastanis